

Eating Disorders

As you watch the video, “Millstone” come up with a few ways that men think about anorexia that surprise you -

- 1.
- 2.
- 3.

Anorexia: (Definition)

- 1.
- 2.
- 3.
- 4.

What might the following statistic tell us about the external drives of Anorexia

Approximately 1% of all adults suffer from anorexia; of that group, approximately 90% are “White upper or middle class women.”

Bulimia: (Definition)

- 1.
- 2.
- 3.
- 4.

As we watch our documentary on Bulimia, pay close attention to how various social experiences affected the subjects. Try and identify some specific external drives that might have contributed to the development of Bulimia. Record them below...

Binge Eating Disorder vs Obesity - (BED) is an eating disorder characterized by

(often very quickly and to the point of discomfort); a feeling of a

_____ during the binge; experiencing _____, distress

or guilt afterwards; and not regularly using _____

_____ (e.g., purging) to counter the binge eating.